

**Just in time for Valentine's Day gift giving,
The Misadventures of Jennifer Pennifer is a
delightful new book that illustrates the
importance of appropriate parenting**



FOR IMMEDIATE RELEASE:

Garland, TX – February 1, 2009 -- Follow adorable Jennifer – a precocious 5-and-a-half-year-old with curly brown hair and bright blue eyes – through one very eventful Saturday. After eagerness gets Jennifer in a sticky situation, she and her mom teach readers, young and old alike, how to handle life's little misadventures with understanding, patience, and love.

The book, a first for therapist-turned-author Leslie B. Kuerbitz, illustrates the importance of appropriate parenting, especially when children explore the world with curiosity and imagination.

Imagine a home where it's okay for children to make mistakes, where it is okay for children to express their thoughts and feelings in a constructive manner and where parents and children communicate lovingly with one another to provide emotional support and encourage mutual respect. Jennifer Pennifer lives in this home.

"All children experience misadventures as they explore the world," says the author. "They should be taught appropriate behavior through love, discipline, and encouragement. My goal in writing this book is healthier, happier homes for families," Kuerbitz said.

About The Author

Leslie B. Kuerbitz, MA, LPC, is a Licensed Professional Counselor with more than 25 years' experience working with young people and their families as a counselor, teacher, and volunteer. She is passionate about helping families learn how to communicate effectively and constructively. Her daughter, the real Jennifer Pennifer, has grown up to use these skills as a medical doctor.

Find out more about Jennifer's misadventure at www.jenniferpennifer.com and learn more about Kuerbitz at www.lessstresswithles.com.

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